

Dana Rondel
Author, Inspirational Speaker, Artist
www.danarondel.com
www.metaphors4life.org

Dana Rondel, Founder and President of *Metaphors 4 Life*, is an extraordinary and magical writer, speaker, artist, choreographer and author of the semi-autobiographical novel, *A Flower: It Has Its Own Song*, the novel, *Death Has Wings*, the children's book, *The Sunflower and Rose* and the newsletter, *The Sunshine Letter*. In 2007, *A Flower: It Has Its Own Song* was nominated in two categories by the annual African American Literary Awards.

Currently, Dana spends much of her time writing inspirational articles, essays, stories and performance pieces, capturing through her camera's lens, powerful and vibrant images, sharing readings from her work while accompanied by a live jazz band and lecturing around the country.

Her talks focus on what it takes for individuals to build and empower their own lives and communities. She says, "It is very easy for many of us to focus on the negative conditions and circumstances of our lives, but what if we change our perspectives by simply replacing the narrow glass lens of the mind with a new one, allowing us to see our lives and the world from a more positive view? Would it still seem impossible to live life beautifully?"

Dana speaks before small and large groups and is known to teach and deeply inspire her audience. She has created written works: *Book of Metaphors*, *RVoices NMotion*, *Seeds of Lotus Rising* and *HueManiTeam*, which can be viewed under her "My Thoughts," page, to guide and empower others toward positively changing our world.

Dana received a Bachelor of Science degree in Business Administration from Eastern Connecticut State University and a Master of Arts degree in Liberal Studies and Humanities from Wesleyan University. Upon graduating from college, she was hired by a Fortune 500 company where she spent thirteen years working in the field of Information Technology. Subsequent to completing her first novel, she left her corporate position so she could fully experience, for the rest of her life, the Creative World.

Dana has been recognized by Who's Who of Professional Women, Black Collegian Magazine, The Hartford Courant and INROADS. She has received the Leadership For The 21st Century Award, Operating Values Award for community service and the People's Choice Award for community service. She is also affiliated with several organizations, including Alpha Kappa Alpha Sorority, Inc., Delta Sigma Theta Sorority, Inc., Phenomenal Women Empowerment Organization, New York Women In Communication, Inc., and Women N Power.

To invite Dana to share her thoughts and creations, please call (860) 817.2990 or email her at writeme@danarondel.com .